

# TRAINING RESOURCE - SoftBOK

<https://www.eliteathleteconsulting.com/>

& select Softbok

- ▶ Drills
- ▶ Fundamentals
- ▶ Practice Plans
- ▶ Great resource for new (or not so new) coaches for your leagues and organizations.
- ▶ Password is **Usaball2024**

